

Dave and Diana's Sprint O

Wednesday, June 13, 2007

Alaska Pacific University

Cory Smith once again dominated the men's field in the combined sprint events at APU, while Jill Follett edged out Ellyn Brown with a nine-second lead. Brian Richardson and Darren Hull cruised to an easy victory in the team combined events.

Two young mothers with weeks-old babies graced the White course; one of them, Jen Joliff--with newborn Springer Moore--took first place honors. Jon Agosti was the sole male finisher of the White course, and Kevin and Robin Iverson outpaced the field in the team white event.

A big thanks to Jason Bent for helping at the start/finish area and for picking up controls.

Thanks also to APU for use of their property.

Tryck Nyman Hayes, Inc. generously donated map printing.

NOTE: go to the end of this document to see results in tabular form.

Combined: Sprint A and Sprint B, 3.6 km, 17 controls

Men

1) Cory Smith, 0:21:25; 2) Andrew Lee, 0:24:44; 3) Ian Moore, 0:25:10; 4) Kimball Forrest, 0:25:26; 5) Trond Jensen, 0:26:10; 6) Steve Gruhn, 0:28:11; 7) Eric Follett, 0:31:36; 8) Gunnar Knapp, 0:31:47; 9) Nic Sedenquist, 0:40:32; 10) David Holladay, 0:41:24; 11) Dwight Iverson, 0:46:60; 12) Nathaniel Knapp, 0:56:25; 13) Mike Robinson, 0:57:16; 14) Greg Galanes, 1:11:25; 15) Mike Furman, 1:44:60

Women

1) Jill Follett, 0:40:40; 2) Ellyn Brown, 0:40:49; 3) Dela Grey, 0:45:53; 4) Giselle Bergerun, 0:47:20; 5) Julie Sharp-Dahl, 0:47:28

Team

1) Brian Richardson and Darren Hull, 0:30:60; 2) Bill Johnson and Pete Rakowski, 0:39:33; 3) Al and Shelley Biss, 0:41:10; 4) Cale and Marissa Clingenpeel, Bryan Haugstad, 0:46:20; 5) Leslie, Leo, and Joe Anders, 0:47:30; 6) Mary Logan and Meg Cronin, 0:47:41; 7) Barb Thurston and Jody Clingenpeel, 1:08:10; 8) Susan Hawkins, George Ellis, Dianne Olsen, 1:08:30; 9) Andre, Jacques, and Pat Neptune, 1:09:16; 10) Gail Macleod-Ball, Liska and Dick Snyder, 1:09:42; 11) Susie Anderson and Jessie Yeaton, 1:30:20; 12) Deb and Terra Sturdy, 1:46:60

Urban Sprint A, 2.1 km, 12 controls

Men

1) Cory Smith, 0:13:00; 2) Kimball Forrest, 0:14:43; 3) Andrew Lee, 0:15:19; 4) Trond Jensen, 0:15:37; 5) Ian Moore, 0:15:50; 6) Steve Gruhn, 0:17:50; 7) Gunnar Knapp, 0:18:46; 8) Eric Follett, 0:20:06; 9) Nic Sedenquist, 0:23:22; 10) Dwight Iverson, 0:24:05; 11) David Holladay, 0:26:35; 12) Nathaniel Knapp, 0:32:00; 13) Greg Galanes, 0:42:15; 14) Mike Robinson, 0:42:46; 15) Jon Agosti, 0:52:25; 16) Mike Furman, 1:04:60; 17) Dan Billman, DNF

Women

1) Ellyn Brown, 0:19:49; 2) Jill Follett, 0:24:00; 3) Giselle Bergerun, 0:25:30; 4) Dela Grey, 0:26:00; 5) Julie Sharp-Dahl, 0:26:17; 6) Pam Butcher, 0:31:39; 7) Amy Maclean, 0:55:38

Team

1) Kevin and Robin Iverson, 0:18:40; 2) Brian Richardson and Darren Hull, 0:19:00; 3) Leslie, Leo, and Joe Anders, 0:21:30; 4) Cale and Marissa Clingenpeel, Bryan Haugstad, 0:22:20; 5) Al and Shelley Biss, 0:22:25; 6) Hanna and Jordan Iverson, Cori West, 0:22:30; 7) Bill Johnson and Pete Rakowski, 0:23:33; 8) Mary Logan and Meg Cronin, 0:25:22; 9) Joyce Goodell and Kelly Leiner, 0:28:17; 10) Larry and Marlene Collier, 0:31:54; 11) Barb Thurston and Jody Clingenpeel, 0:32:10; 12) Susan Hawkins, George Ellis, Dianne Olsen, 0:33:30; 13) Gail Macleod-Ball, Liska and Dick Snyder, 0:34:16; 14) Ken Hatch, Jen Esterl, Isaih Jacobs, Jordan Fosmire, Gabriel Wingard, 0:34:26; 15) Susie Anderson and Jessie Yeaton, 0:35:20; 16) John Rego and Susan Pitts, 0:35:48; 17) Libby Kugel and Elizabeth Knapp, 0:37:45; 18) Art Andrew and Jennifer Harman, 0:39:00; 19) Andre, Jacques, and Pat Neptune, 0:41:00; 20) John, Mary, Sawyer, and Natalie Drozdowski, 0:45:15; 21) Brian, Laurie, Olivia, and Zoey Keene, 0:45:25; 22) Deb and Terra Sturdy, 0:56:00

Forest Sprint B, 1.5 km, 5 controls

Men

1) Cory Smith, 0:08:25; 2) Ian Moore, 0:09:20; 3) Andrew Lee, 0:09:25; 4) Steve Gruhn, 0:10:21; 5) Trond Jensen, 0:10:33; 6) Kimball Forrest, 0:10:43; 7) Eric Follett, Dan Billman (tie), 0:11:30; 8) Gunnar Knapp, 0:13:01; 9) Art Harmon, 0:13:38; 10) Mike Robinson, 0:14:30; 11) David Holladay, 0:14:49; 12) Tom Livingston, 0:17:07; 13) Nic Sedenquist, 0:17:10; 14) Dwight Iverson, 0:22:55; 15) Nathaniel Knapp, 0:24:25; 16) Greg Galanes, 0:29:10; 17) Mike Furman, 0:40:00

Women

1) Jill Follett, 0:16:40; 2) Dela Grey, 0:19:53; 3) Ellyn Brown, 0:21:00; 4) Julie Sharp-Dahl, 0:21:11; 5) Giselle Bergeron, 0:21:50; 6) Carol Netzel, 0:37:00; 7) Kim Richardson, 0:46:00; 8) Denise Carey, 0:47:00

Team

1) Brian Richardson and Darren Hull, 0:12:00; 2) Bill Johnson and Pete Rakowski, 0:16:00; 3) Al and Shelley Biss, 0:18:45; 4) Mary Logan and Meg Cronin, 0:22:19; 5) Cale and Marissa Clingenpeel, Bryan Haugstad, 0:24:00; 6) Andrew and Charise Gearhart-Dekreon, 0:25:10; 7) Thomas and Kris Savageau, 0:25:34; 8) Lelie and Joe Anders, 0:26:00; 9) Jacques and Pat Neptune, 0:28:16; 10) Andrew and Nancy Lee, 0:31:00; 11) Brent Carey, John Croft, Matthew Shydier, 0:32:50; 12) Susan Hawkins, George Ellis, Dianne Olsen; Ruth Kvernplassen and Greta Yarbrough (tie), 0:35:00; 13) Gail Macleod-Ball, Liska and Dick Snyder, 0:35:26; 14) Jody Clingenpeel and Barb Thurston, 0:36:00; 15) Linda and Tyler Edwards, 0:40:50; 16) Deb and Terra Sturdy, 0:51:00; 17) Susie Anderson and Jessie Yeaton, 0:54:60

White, 1.3 km, 7 controls

Men

1) Jon Agosti, 0:14:14

Women

1) Jen Joliff (with newborn Springer Moore), 0:22:56; 2) Elise Lowe, 0:26:60; 3) Annika Enkvist, 0:33:15; 4) Linda Smith (with newborn Hatcher Smith), 0:36:46; 5) Jennifer Harmon, 0:53:60; 6) Savannah Jett, 1:03:60

Team

1) Kevin and Robin Iverson, 0:14:00; 2) Hannah and Jordan Iverson, and Cori West, 0:18:44; 3) Robert Kemper and Matt Medlock, 0:23:30; 4) Steve and Sarah McKeever, 0:23:39; 5) Jose, Claudia, and Diana Salas, 0:26:30; 6) Scott O'Brien, Cory Chaw, Sarah Garvey, Haley Bissell, 0:26:40; 7) Nancy and Andrew Lee, 0:26:60; 8) Lucca Duke and Jack Bent, 0:27:30; 9) Simon Ross, David Wilcox, Yana Garvey, Nikki Wray, Ariel Hyams, 0:28:00; 10) Jean and Hannah Adamson, 0:30:00; 11) Thomissa Comellas, Chelsea Knight, Jack Ursin, Eric Wilcox, Leo Smith, 0:31:20; 12) Diana Gamez and Debbie Pugh, 0:31:44; 13) Haakon and Marius Lillefjell, 0:33:15; 14) Shannon and Erin Klein, 0:37:00

Meet title: Dave and Diana's Sprint O
Meet date: Wednesday, June 13, 2007
Meet location: Alaska Pacific University

Course color/type: Combined: Sprint A and Sprint B
Course length: 3.6 kilometers
Number of controls: 17

Results	class	total combined time	name(s)	A	B
	Men	0:21:25	Cory Smith	0:13:00	0:08:25
	Men	0:24:44	Andrew Lee	0:15:19	0:09:25
	Men	0:25:10	Ian Moore	0:15:50	0:09:20
	Men	0:25:26	Kimball Forrest	0:14:43	0:10:43
	Men	0:26:10	Trond Jensen	0:15:37	0:10:33
	Men	0:28:11	Steve Gruhn	0:17:50	0:10:21
	Men	0:31:36	Eric Follett	0:20:06	0:11:30
	Men	0:31:47	Gunnar Knapp	0:18:46	0:13:01
	Men	0:40:32	Nic Sedenquist	0:23:22	0:17:10
	Men	0:41:24	David Holladay	0:26:35	0:14:49
	Men	0:47:00	Dwight Iverson	0:24:05	0:22:55
	Men	0:56:25	Nathaniel Knapp	0:32:00	0:24:25
	Men	0:57:16	Mike Robinson	0:42:46	0:14:30
	Men	1:11:25	Greg Galanes	0:42:15	0:29:10
	Men	1:45:00	Mike Furman	1:05:00	0:40:00
	Women	0:40:40	Jill Follett	0:24:00	0:16:40
	Women	0:40:49	Ellyn Brown	0:19:49	0:21:00
	Women	0:45:53	Dela Grey	0:26:00	0:19:53
	Women	0:47:20	Giselle Bergerun	0:25:30	0:21:50
	Women	0:47:28	Julie Sharp-Dahl	0:26:17	0:21:11
	Team	0:31:00	Brian Richardson and Darren Hull	0:19:00	0:12:00
	Team	0:39:33	Bill Johnson and Pete Rakowski	0:23:33	0:16:00
	Team	0:41:10	Al and Shelley Biss	0:22:25	0:18:45
	Team	0:46:20	Cale and Marissa Clingenpeel, Bryan Haugstad	0:22:20	0:24:00
	Team	0:47:30	Leslie, Leo, and Joe Anders	0:21:30	0:26:00
	Team	0:47:41	Mary Logan and Meg Cronin	0:25:22	0:22:19
	Team	1:08:10	Barb Thurston and Jody Clingenpeel	0:32:10	0:36:00
	Team	1:08:30	Susan Hawkins, George Ellis, Dianne Olsen	0:33:30	0:35:00
	Team	1:09:16	Andre, Jacques, and Pat Neptune	0:41:00	0:28:16
	Team	1:09:42	Gail Macleod-Ball, Liska and Dick Snyder	0:34:16	0:35:26
	Team	1:30:20	Susie Anderson and Jessie Yeaton	0:35:20	0:55:00
	Team	1:47:00	Deb and Terra Sturdy	0:56:00	0:51:00

Course color/type: Sprint A
Course length: 2.1 kilometers
Number of controls: 12

Results	class	time	name(s)
	Men	0:13:00	Cory Smith
	Men	0:14:43	Kimball Forrest
	Men	0:15:19	Andrew Lee
	Men	0:15:37	Trond Jensen
	Men	0:15:50	Ian Moore
	Men	0:17:50	Steve Gruhn
	Men	0:18:46	Gunnar Knapp
	Men	0:20:06	Eric Follett
	Men	0:23:22	Nic Sedenquist
	Men	0:24:05	Dwight Iverson
	Men	0:26:35	David Holladay
	Men	0:32:00	Nathaniel Knapp
	Men	0:42:15	Greg Galanes
	Men	0:42:46	Mike Robinson
	Men	0:52:25	Jon Agosti
	Men	1:05:00	Mike Furman
	Men	DNF	Dan Billman
	Women	0:19:49	Ellyn Brown
	Women	0:24:00	Jill Follett
	Women	0:25:30	Giselle Bergerun
	Women	0:26:00	Dela Grey
	Women	0:26:17	Julie Sharp-Dahl
	Women	0:31:39	Pam Butcher
	Women	0:55:38	Amy Maclean
	Team	0:18:40	Kevin and Robin Iverson
	Team	0:19:00	Brian Richardson and Darren Hull
	Team	0:21:30	Leslie, Leo, and Joe Anders
	Team	0:22:20	Cale and Marissa Clingenpeel, Bryan Haugstad
	Team	0:22:25	Al and Shelley Biss
	Team	0:22:30	Hanna and Jordan Iverson, Cori West
	Team	0:23:33	Bill Johnson and Pete Rakowski
	Team	0:25:22	Mary Logan and Meg Cronin
	Team	0:28:17	Joyce Goodell and Kelly Leiner
	Team	0:31:54	Larry and Marlene Collier
	Team	0:32:10	Barb Thurston and Jody Clingenpeel
	Team	0:33:30	Susan Hawkins, George Ellis, Dianne Olsen
	Team	0:34:16	Gail Macleod-Ball, Liska and Dick Snyder
	Team	0:34:26	Ken Hatch, Jen Esterl, Isaih Jacobs, Jordan Fosmire, Gabriel Wingard
	Team	0:35:20	Susie Anderson and Jessie Yeaton
	Team	0:35:48	John Rego and Susan Pitts
	Team	0:37:45	Libby Kugel and Elizabeth Knapp
	Team	0:39:00	Art Andrew and Jennifer Harman
	Team	0:41:00	Andre, Jacques, and Pat Neptune
	Team	0:45:15	John, Mary, Sawyer, and Natalie Drozdowski
	Team	0:45:25	Brian, Laurie, Olivia, and Zoey Keene
	Team	0:56:00	Deb and Terra Sturdy

Course color/type: Sprint B
Course length: 1.5 kilometers
Number of controls: 5

Results	class	time	name(s)
	Men	0:08:25	Cory Smith
	Men	0:09:20	Ian Moore
	Men	0:09:25	Andrew Lee
	Men	0:10:21	Steve Gruhn
	Men	0:10:33	Trond Jensen
	Men	0:10:43	Kimball Forrest
	Men	0:11:30	Eric Follett, Dan Billman (tie)
	Men	0:13:01	Gunnar Knapp
	Men	0:13:38	Art Harmon
	Men	0:14:30	Mike Robinson
	Men	0:14:49	David Holladay
	Men	0:17:07	Tom Livingston
	Men	0:17:10	Nic Sedenquist
	Men	0:22:55	Dwight Iverson
	Men	0:24:25	Nathaniel Knapp
	Men	0:29:10	Greg Galanes
	Men	0:40:00	Mike Furman
	Women	0:16:40	Jill Follett
	Women	0:19:53	Dela Grey
	Women	0:21:00	Ellyn Brown
	Women	0:21:11	Julie Sharp-Dahl
	Women	0:21:50	Giselle Bergeron
	Women	0:37:00	Carol Netzel
	Women	0:46:00	Kim Richardson
	Women	0:47:00	Denise Carey
	Team	0:12:00	Brian Richardson and Darren Hull
	Team	0:16:00	Bill Johnson and Pete Rakowski
	Team	0:18:45	Al and Shelley Biss
	Team	0:22:19	Mary Logan and Meg Cronin
	Team	0:24:00	Cale and Marissa Clingenpeel, Bryan Haugstad
	Team	0:25:10	Andrew and Charise Gearhart-Dekreon
	Team	0:25:34	Thomas and Kris Savageau
	Team	0:26:00	Lelie and Joe Anders
	Team	0:28:16	Jacques and Pat Neptune
	Team	0:31:00	Andrew and Nancy Lee
	Team	0:32:50	Brent Carey, John Croft, Matthew Shydier
	Team	0:35:00	Susan Hawkins, George Ellis, Dianne Olsen; Ruth Kvernplassen and Greta Yarbrough (tie)
	Team	0:35:26	Gail Macleod-Ball, Liska and Dick Snyder
	Team	0:36:00	Jody Clingenpeel and Barb Thurston
	Team	0:40:50	Linda and Tyler Edwards
	Team	0:51:00	Deb and Terra Sturdy
	Team	0:55:00	Susie Anderson and Jessie Yeaton

Course color/type: White
Course length: 1.3 kilometers
Number of controls: 7

Results	class	time	name(s)
	Men	0:14:14	Jon Agosti
	Women	0:22:56	Jen Joliff (with newborn Springer Moore)
	Women	0:27:00	Elise Lowe
	Women	0:33:15	Annika Enkvist
	Women	0:36:46	Linda Smith (with newborn Hatcher Smith)
	Women	0:54:00	Jennifer Harmon
	Women	1:04:00	Savannah Jett
	Team	0:14:00	Kevin and Robin Iverson
	Team	0:18:44	Hannah and Jordan Iverson, and Cori West
	Team	0:23:30	Robert Kemper and Matt Medlock
	Team	0:23:39	Steve and Sarah McKeever
	Team	0:26:30	Jose, Claudia, and Diana Salas
	Team	0:26:40	Scott O'Brien, Cory Chaw, Sarah Garvey, Haley Bissell
	Team	0:27:00	Nancy and Andrew Lee
	Team	0:27:30	Lucca Duke and Jack Bent
	Team	0:28:00	Simon Ross, David Wilcox, Yana Garvey, Nikki Wray, Ariel Hyams
	Team	0:30:00	Jean and Hannah Adamson
	Team	0:31:20	Thomissa Comellas, Chelsea Knight, Jack Ursin, Eric Wilcox, Leo Smith
	Team	0:31:44	Diana Gamez and Debbie Pugh
	Team	0:33:15	Haakon and Marius Lillefjell
	Team	0:37:00	Shannon and Erin Klein