

## **Trond's Elm-O Orienteering Meet**

Wednesday, May 6, 2009, at Elmendorf AFB.

Ian Moore and Jen Joliff win at Elmendorf AFB: 50 runners came out for orienteering at Elmendorf on Wednesday evening May 6th despite the rain. Only one person got chased by a bear. Ian Moore and Jen Joliff won the men's and women's long course. Ian finished the 6.0 km course with 10 controls in 53:25, a full 12 minutes ahead of Bill Spencer. Jen used 1:20:35, beating Eeva Latosuo by only 3 minutes. Special thanks to Chris Tomson for volunteering with the event.

### **Red Course, 6.0 km, 10 controls**

#### ***Women***

1. Jen Joliff, 1:20:35
2. Eeva Latosuo, 1:29:58
3. Ellyn Brown, 1:36:40

#### ***Men***

1. Ian Moore, 53:25
2. Bill Spencer, 1:05:55
3. Toby Schwoerer, 1:14:45
4. Andrew Lee, 1:26:45
5. Dan Billman, 1:32:24
6. Karl Swanson, 1:40:06
7. Steve Gruhn, 1:53:53
8. Mike Malvick, 2:18:10

#### ***Team***

1. Lindsey Flagstad and Shawn Lillefjell, 1:35:15
2. Dwight Iverson and Leslie Robbins, 1:52:40

### **Green Course, 5.2 km, 12 controls**

#### ***Men***

1. John Fritz, 1:37:28
2. Mike Robinson, 1:40:20
3. Eric Bear Follett, 1:47:53
4. Arthur Harmon, 2:20:06
5. Toni Fuerer, 2:30:50
6. Tom Livingstone, DNF

### **Orange Course, 4.0 km, 10 controls**

#### ***Women***

1. Marianne Pedersen, 57:38
2. Joyce Goodell, 1:21:10
3. Mary Janis, 2:08:27

#### ***Men***

1. Darron Hull, 50:34
2. Paul Brusseau, 1:16:20
3. Frank Moore, 1:28:32

4. Ivan Hodes, 1:37:19
5. Chris Tomson, 1:46:25

**Team**

1. Leslie Kroloff and Jill Follett, 1:07:40
2. Greta Yarbrough and Ruth Kvernplassen, 2:29:40
3. Nic Sedenqvist and Ariel Roelle, DNF

**Yellow course, 2.7 km, 7 controls**

**Women**

1. Kathy Faryniarz, 49:00
2. Giselle Bergeron, DNF

**Men**

1. Frank Moore, 47:26
2. Christoffer Moropovlos, 1:14:00

**Team**

1. Julie Sharp Dahl and Stephanie Martin, 43:59
3. Teresa Brewer, Jenni & Josh Satterfield, 1:18:50

**White Course, 2.5 km, 8 controls**

**Men**

1. Frank Moore, 25:02
2. Christopher Moropovlos, 43.16

**Team**

1. Tracy Tucker and Jacob Bickford, 48:33